





WELCOME

WE'RE GLAD YOU'RE HERE

# HOME

# IMPROVEMENT







RAISING KIDS  
WITHOUT RAISING  
YOUR  
BLOOD PRESSURE



# RAISING KIDS WITHOUT RAISING YOUR BLOOD PRESSURE

## Acceptance

**Do You love your  
child because of what  
they do, or because of  
who they are?**



# RAISING KIDS WITHOUT RAISING YOUR BLOOD PRESSURE

## Acceptance

**God Accepts Us  
Unconditionally!**

*“Accept one another, then, just as Christ accepted you, in order to bring praise to God.” Rom. 15:7*



# RAISING KIDS WITHOUT RAISING YOUR BLOOD PRESSURE

## Acceptance

**God Accepts Us Unconditionally!**

- *Do we deserve his love? (Jn 3:16)*
- *Do we merit Christ's sacrifice? (Rom 5:8)*
- *Do we earn our salvation? (Eph 2:8-9)*



# RAISING KIDS WITHOUT RAISING YOUR BLOOD PRESSURE

## Acceptance

### False Standards:

- 1. Physical Appearance*
- 2. Performance*
- 3. Position*
- 4. Possessions**



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**Acceptance**

Prov 22:6

*Train up a child in the way  
he should go,  
And when he is old he will  
not depart from it.*

NKJV



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**Acceptance Says:**

*“I love You for who are you”*

*“You are somebody special to me”*

*“I value My relationship with you.”*



# RAISING KIDS WITHOUT RAISING YOUR BLOOD PRESSURE

**Acceptance**

**Appreciation**

**This was God's attitude toward  
his Son: *"This is my beloved  
Son in whom I am well pleased."***



# RAISING KIDS WITHOUT RAISING YOUR BLOOD PRESSURE

**Acceptance**

**Appreciation**

**I need to learn to appreciate my  
child's effort more than his  
accomplishment.**



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**Acceptance**  
**Appreciation**  
**Affection**

**God expresses his affection  
toward us**



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**Affection**

Ps 145:9

*The Lord is good to all;  
he has compassion on all  
he has made.*

NIV



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**Acceptance**  
**Appreciation**  
**Affection**

**Parents should model affection  
before their children.**



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**Acceptance**

**Appreciation**

**Affection**

**Availability**



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**Availability**

**Do you know how  
to spell love?**

**TIME**





***“Redeem the time  
because the days  
are evil.”***

**Eph 5:16**





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**Availability**

**How much TIME**

**Do we spend with our kids?**



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**Acceptance**

**Appreciation**

**Affection**

**Availability**

**Accountability**



# RAISING KIDS WITHOUT RAISING YOUR BLOOD PRESSURE

## **Accountability Has To Do With:**

- 1. Submission**
- 2. Obedience**





*submitting to  
one another  
in the fear of God.  
Wives, submit to your own  
husbands, as to the Lord.*

Eph 5:21





# RAISING KIDS WITHOUT RAISING YOUR BLOOD PRESSURE

## **Kids Need to Learn Responsibility in 3 Areas:**

- 1. Attitudes**
- 2. Actions**
- 3. Consequences**



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**Availability**

**Accountability**

**AUTHORITY**



John 14:10

*The words that I speak  
to you I do not speak  
on My own authority;  
but the Father who  
dwells in Me does the  
works.*

NKJV

**Jesus is our example in  
submitting to Authority**



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**Four Parenting Styles:**

**1. Autocratic**

**2. Permissive**

**3. Neglectful**

**4. Relational**

**AUTHORITY**



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**“Rules without relationship leads  
to rebellion” --Josh McDowell**

**AUTHORITY**



Eph 6:4

*Fathers do not  
over correct  
your children, or  
make it difficult  
for them to obey  
the  
commandment.”*





Col. 3:21

***“Don’t  
exasperate your  
children, that  
they may not  
lose heart.”***

NASB





# RAISING KIDS WITHOUT RAISING YOUR BLOOD PRESSURE

**“Rules without relationship leads to rebellion” --Josh McDowell**

**“Relationship without rules leads to resentment”**

**--Ken Weliever**

**AUTHORITY**



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