

ADDICTIVE BEHAVIORS:

Substance Abuse and Dependence

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Spring 2011

Introduction

- *“I will not be brought under the power of any” (1 Cor. 6:12)*
- *Fortress – Stronghold (2 Cor. 10:4)*
- *Shadrach, Meshech, Abednego, Daniel (Dan. 1:8-21)*

Two Approaches Today:

1. How to maintain ourselves as a Christian “unspotted from the world”.
2. How to help bear the burdens of those entering into or returning to the church.

*“I didn’t start out thinking I’d be here.
I had a grape Swisher, a bag, a pipe
and a syringe and I just went out to
have a good time...*

...but I didn’t come back.

*I couldn’t find the path. I was on the
end of the pipe all along thinking –
some day – some day it will be
different...but not today.”*

(statement from a man in treatment)

*When It Comes to Addictions,
We Must Loudly Proclaim:*

*“The Thing You Are
Playing With...*

Isn't Playing With You.”

Definitions

- Stronghold (*2 Cor. 10:4*)
- Being devoured (*1 Peter 5:8*)
- Drunkenness (*Gal. 5:19-21*)
- Sorcery/witchcraft (*Galatians 5:19-21*)
- Snare of the devil (*1 Timothy 3:7; 6:9*)
- A deceiver (*Prov. 20:1*)

Companions of the Lifestyle:

- Excess of riot (*1 Pet. 4:4*)
- Fornication/Adultery (*Gal. 5:19*)
- Lasciviousness (*Gal. 5:19*)
- Deceptions/Lying (*Rom. 1:31; Rev. 21:8*)
- Degrading one's body (*1 Cor. 6:18-20; Rom. 1:21-32*)
- and more...

1 Peter 4:1-4

¹Therefore, since Christ has suffered in the flesh, arm yourselves also with the same purpose, because he who has suffered in the flesh has ceased from sin.

²so as to live the rest of the time in the flesh no longer for the lusts of men, but for the will of God.

1 Peter 4:1-4

³For the time already past is sufficient for you to have carried out the desire of the Gentiles, having pursued a course of sensuality, lusts, drunkenness, carousing, drinking parties and abominable idolatries.

⁴In all this, they are surprised that you do not run with them into the same excess of dissipation, and they malign you;

1 Peter 4:1-4

- Excess of wine (gr. Oinophlugia – an overflow of wine; Drunkenness; Falling down drunk),
- Revelings (Komos, gr. a nightly carousal; Half-drunken, revelry, drunken party);
- Banquetings (carousings) (gr. Potos – a drinking, not of necessity excessive; A drinking party; To sip);

NOTE: ALL THREE LEVELS OF USE ARE CONDEMNED.

DSM IV-TR

- Use
- Abuse
- Dependence

They are viewed as progressive

- Criteria:
 - Increased/decreased tolerance
 - Withdrawal symptoms
 - Inability to control or quit
 - Using more over longer time than intended
 - Continued use despite consequences
 - Pre-occupation
 - Blackouts

It's a Fact...

*“Every class of abuse substance, except nicotine, has the capacity to produce, or mimic symptoms of other psychiatric disorders (e.g. delirium, dementia, amnesic, psychotic, mood, anxiety, sexual and sleep disorders) during intoxication or withdrawal”
(DSM IV pg. 124).*

Bridging the GAP in language...

“ God only asked us to stay away from those things that will hurt us!”

- Follow me on a journey to visit those who have ignored the warning signs.
- See how ignoring the sign brings pain and suffering.
- Listen as I show the way back.

The Power of Addiction

- “Cunning, baffling, deceitful”
- It doesn’t care about YOUR plan... It has a plan of its own!
- A BIG WORD ABOUT PAIN.
- A Choice – “man takes drink, drink takes drink, drink takes man.”
- Drink to oblivion – to forget and be forgotten.

What is *seen* on the **OUTSIDE**:

- Cravings
- Behaviors
- Psychological changes
- Progressive
 - “It’s my best friend.”
 - “Nothing else is important.”
 - “I have to have it to feel normal.”
- Gender differences
- The Path...

What Is *happening* on the **INSIDE**:

- Change in body chemistry
- Tolerance
- Withdrawal

First Use

Three Choices:

1. Ride it out
2. Increase the dosage
3. Add a stronger substance

Perceived
as normal

Baseline/
Normal
level

A Drug... Is a Drug... Is a Drug!

- Tobacco
 - MOST DANGEROUS... Why?
 - Gateway drug
 - KILLS one out of three long time users and one out of nine from second-hand smoke
 - Withdrawal from tobacco is more difficult than withdrawal from heroin
- Alcohol
 - Easiest to get
 - LEGAL (except for youth)

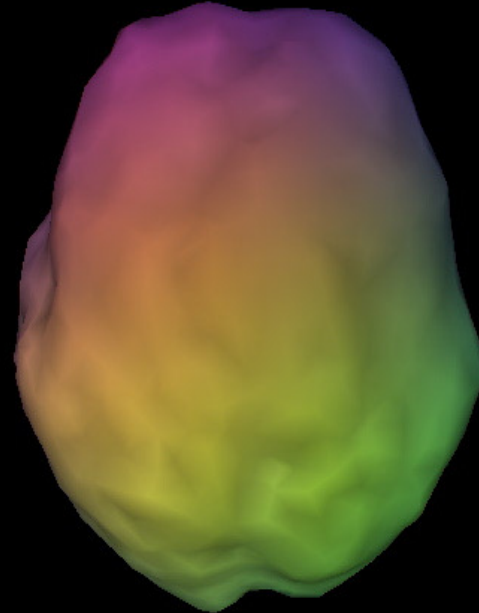
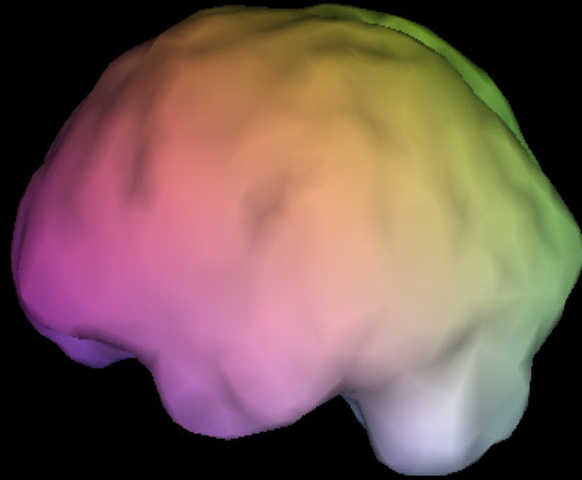
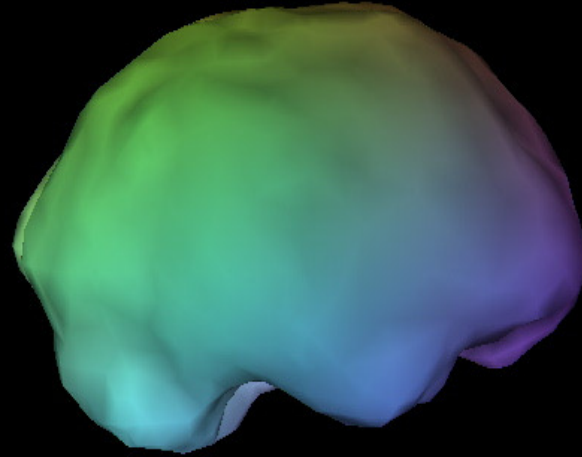
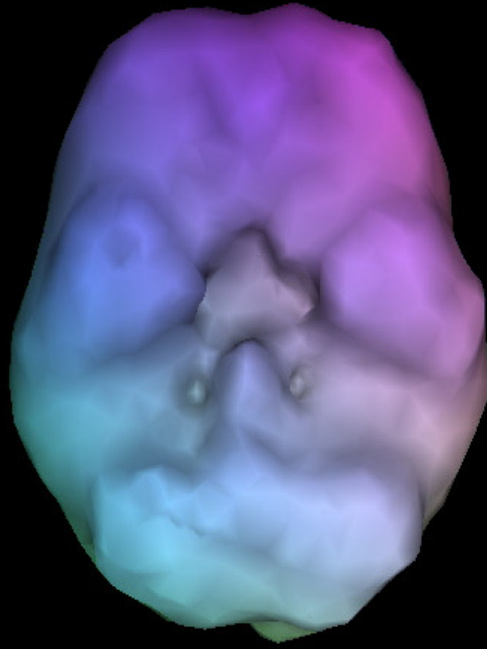
A Drug... Is a Drug... Is a Drug!

- Designer Drugs
- PAC (pot, alcohol, cocaine) travel together
- Methamphetamine

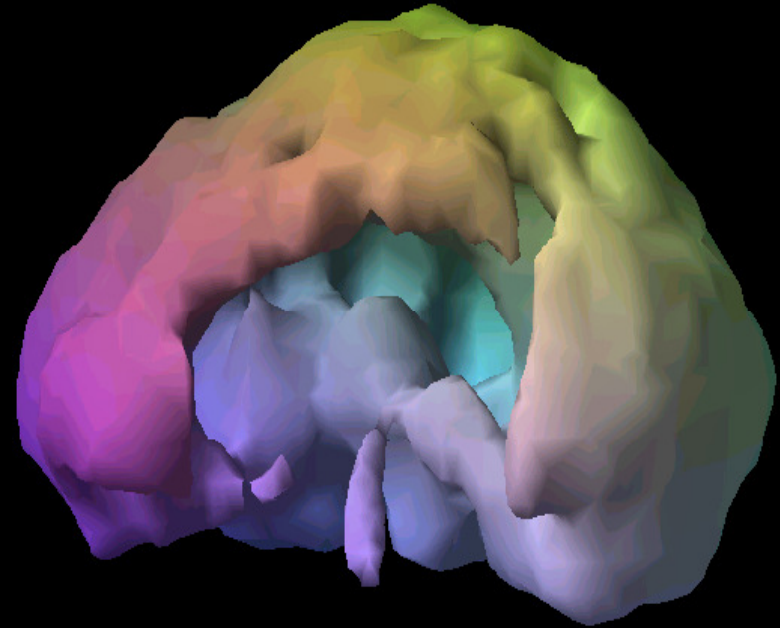
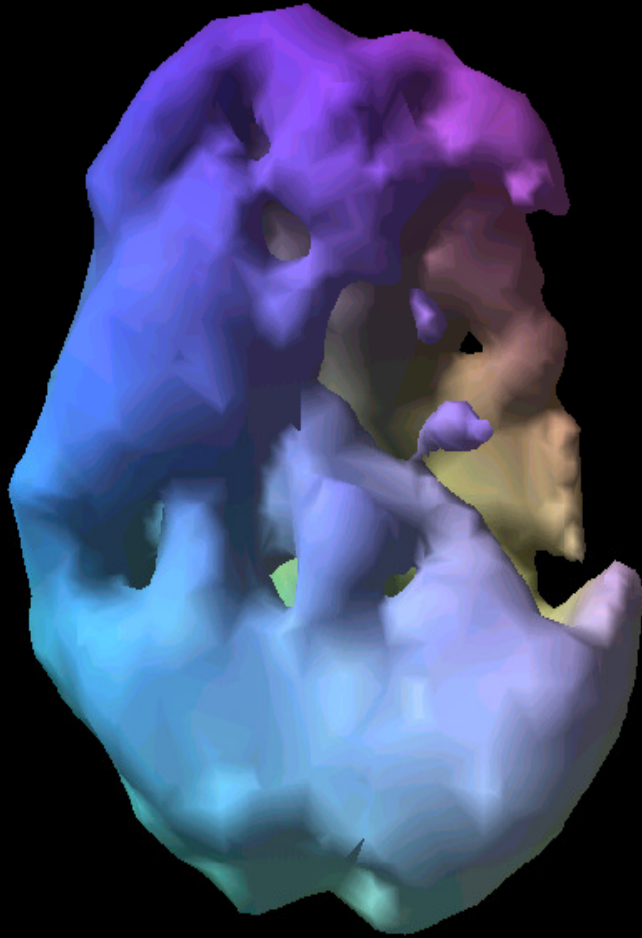
A Drug... Is a Drug... Is a Drug!

- Prescription drugs
- Over-the-counter drugs
- Herbal remedies
 - Not regulated
 - Can be dangerous
- Caffeine

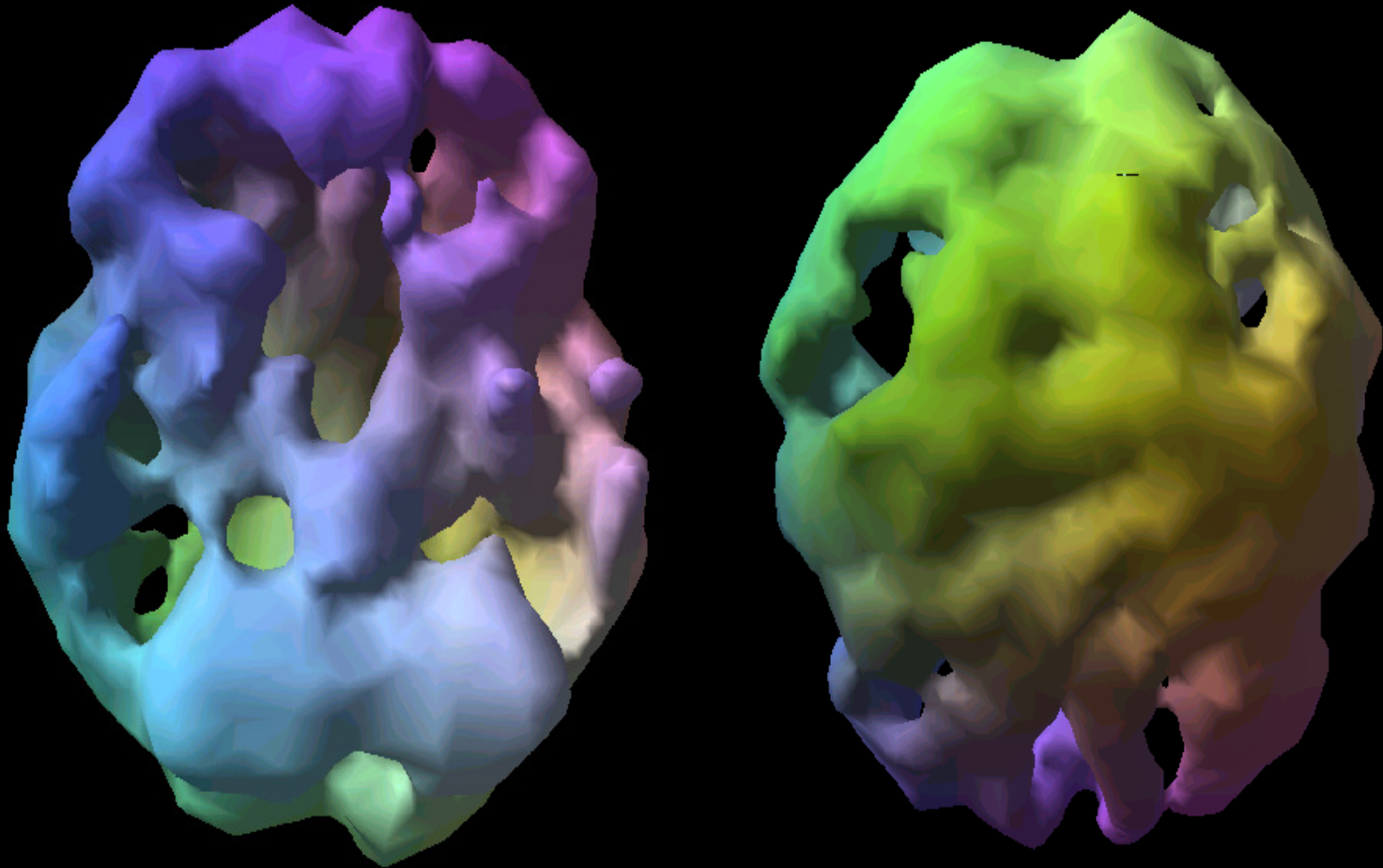
Normal



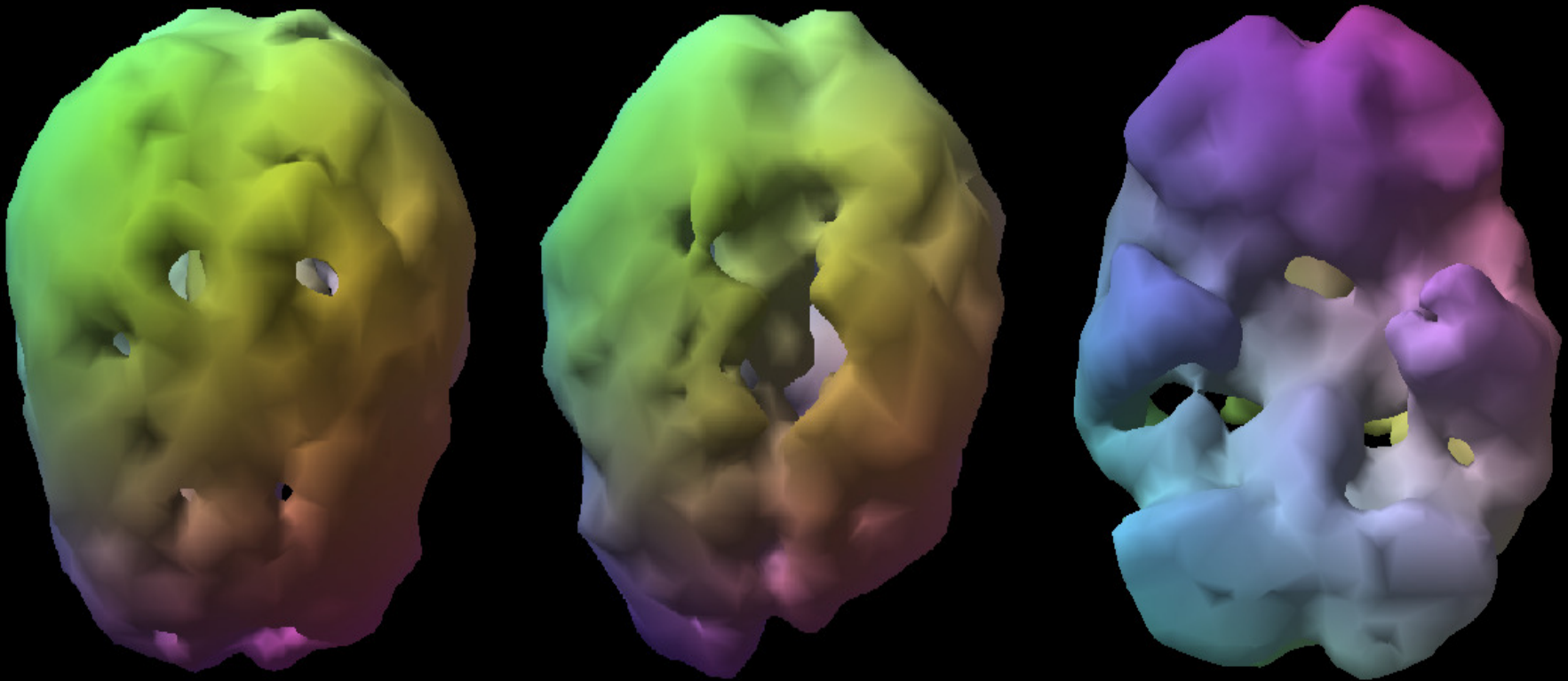
Stroke



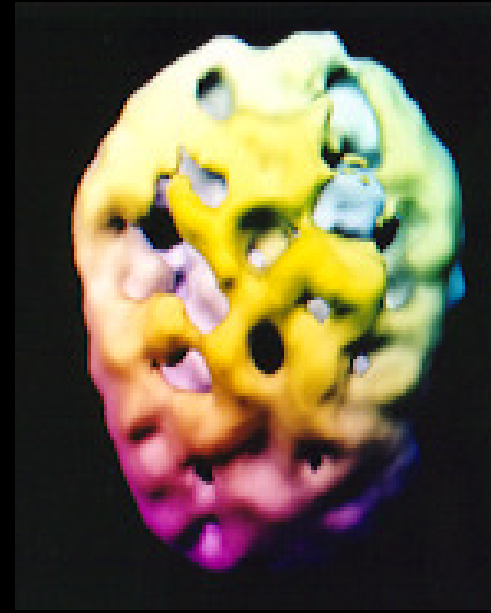
Alzheimer's Disease



Head Injury: Wear a helmet and Stay Off the Roof

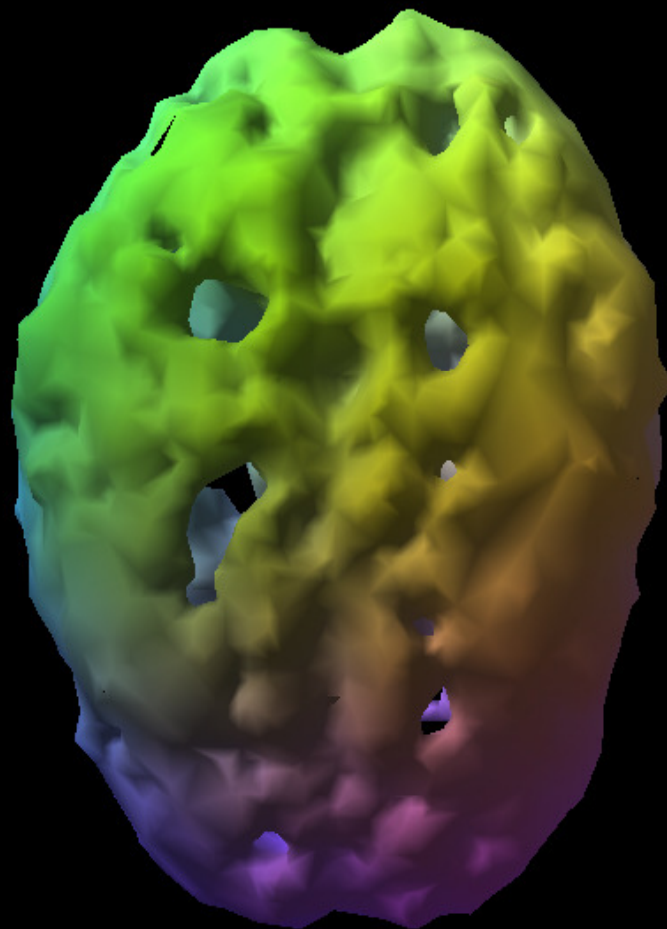


The Real Reason Not To Do Drugs



**They Damage
Your Brain &
Your Potential &
They Limit Your
Access to Yourself**

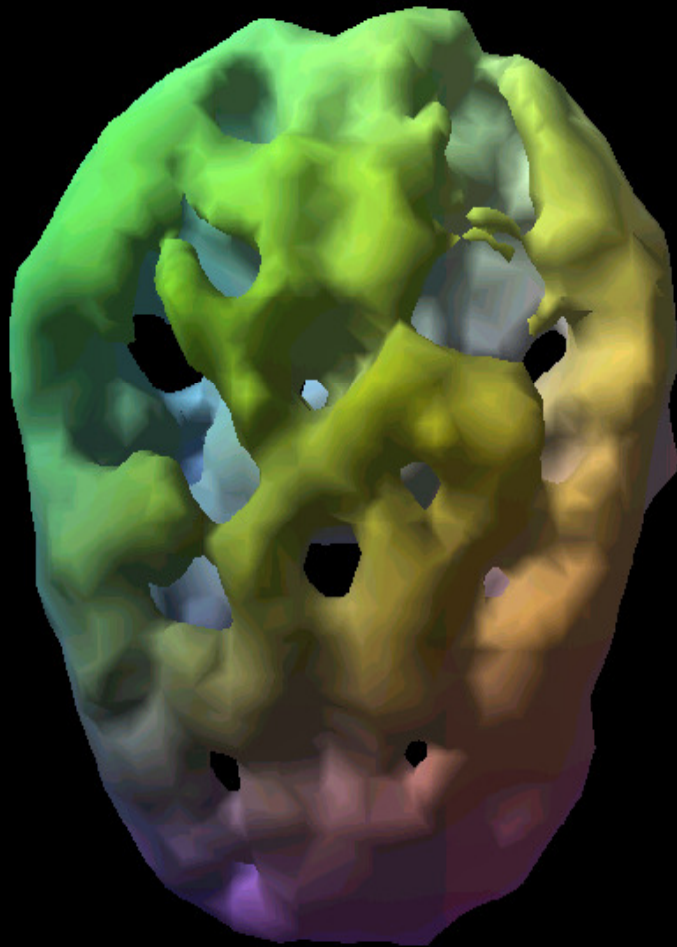
Cocaine



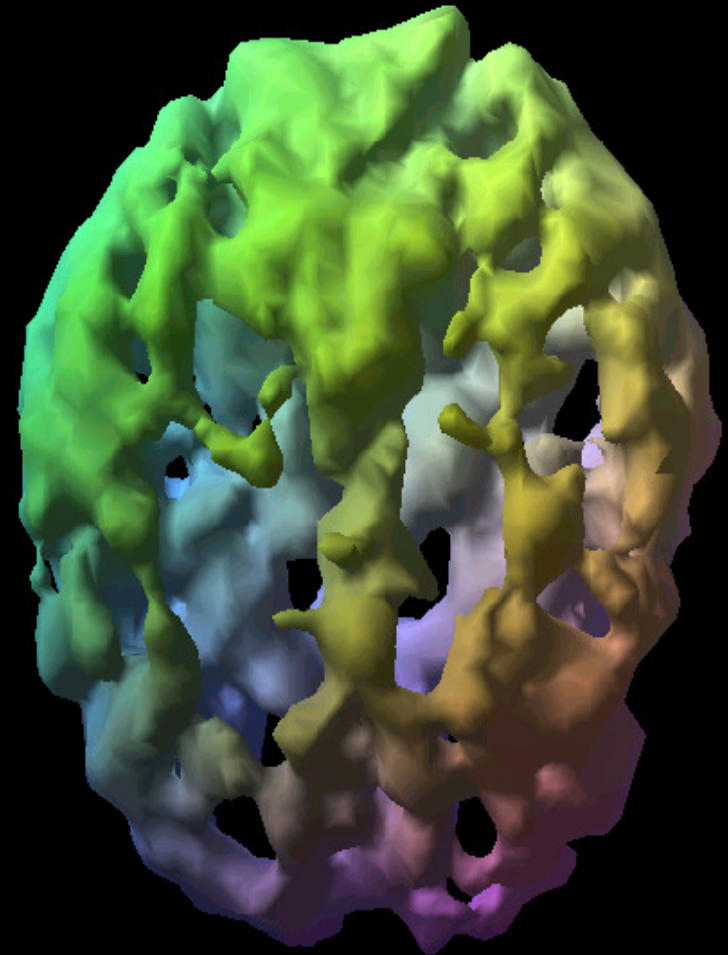
Methamphetamine



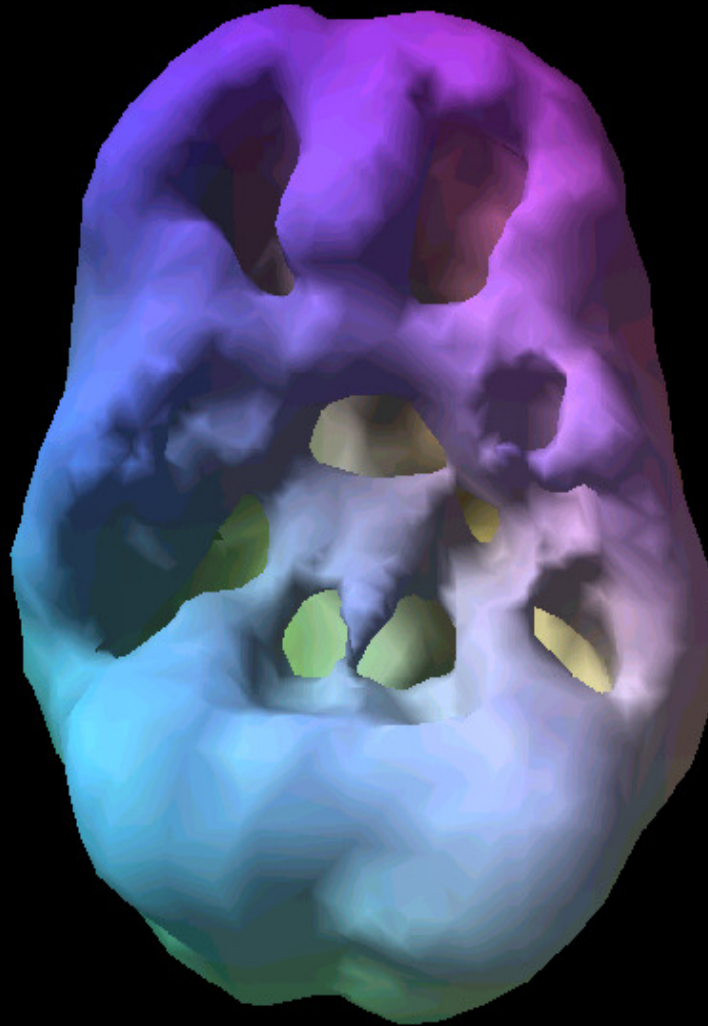
Alcohol



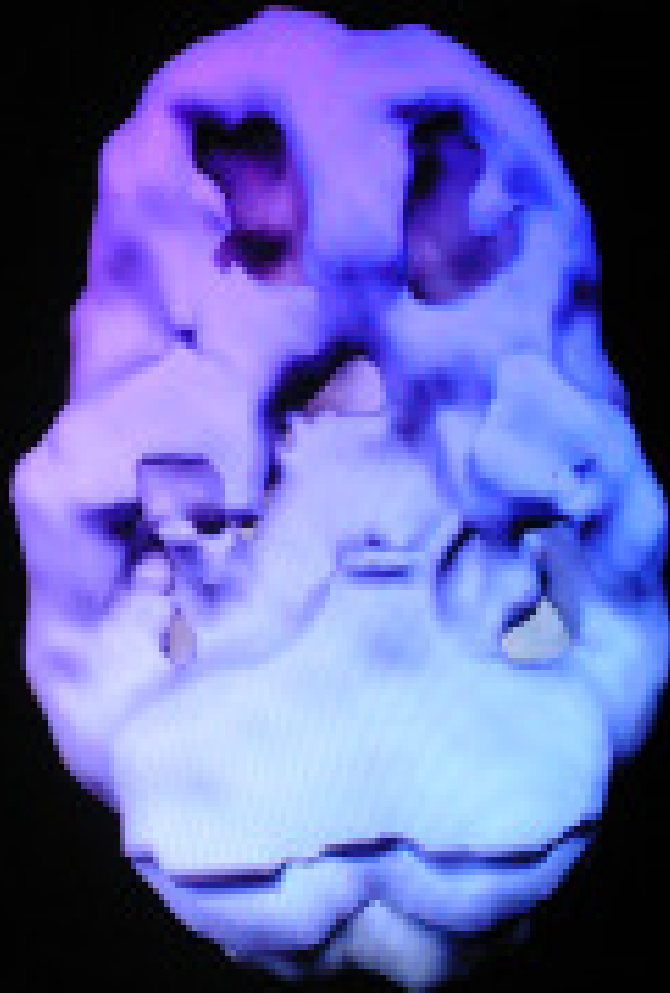
Heroin



Marijuana



Cocaine/Alcohol -- before/after

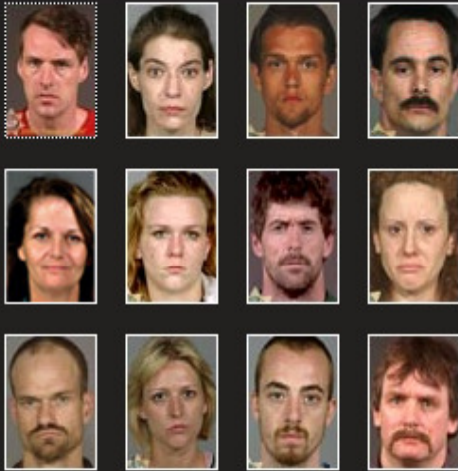




The Partnership for a Drug-Free America®

FACES OF METH

Click on one of the faces below to view the physical toll meth has had on these users. Images are courtesy of the Multnomah County Sheriff's Office, Faces of Meth™ Program.



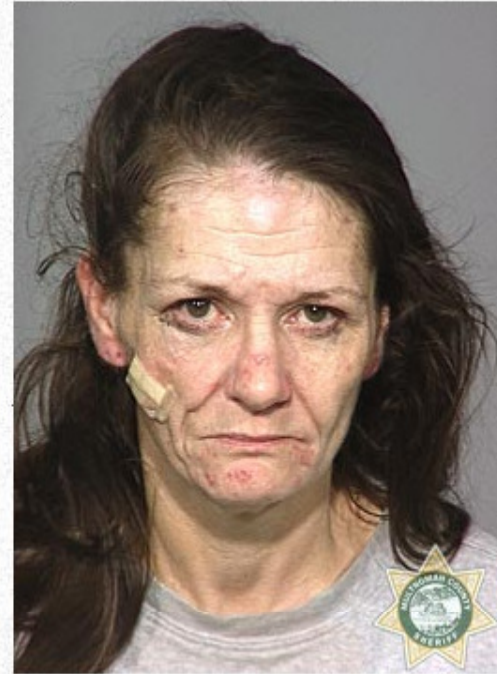
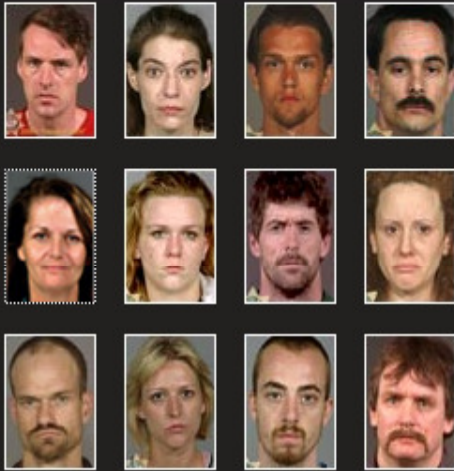
5 years later



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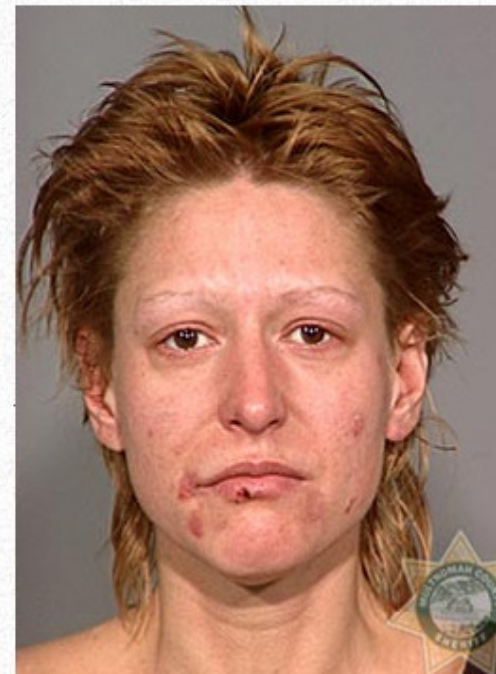
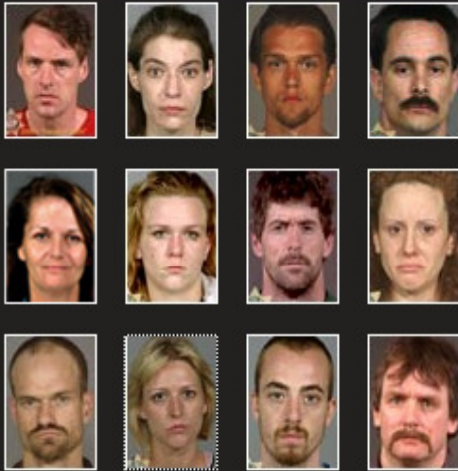
3 years, 5 months later



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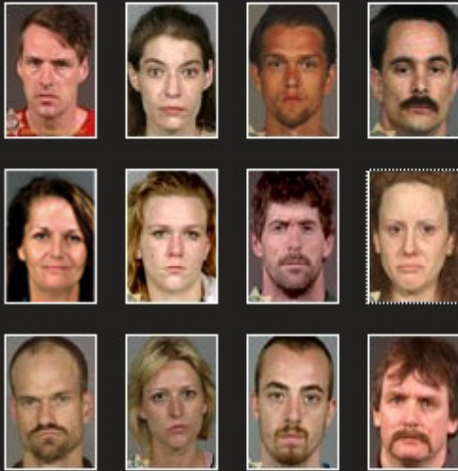
1 year, 5 months later



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FACES OF METH

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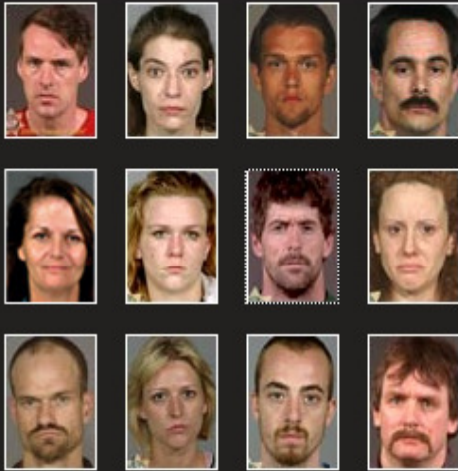
4 years, 5 months later



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FACES OF METH

Click on one of the faces below to view the physical toll meth has had on these users. Images are courtesy of the Multnomah County Sheriff's Office, Faces of Meth™ Program.



2 years, 5 months later

God's Word is Sufficient

- Addiction is a FALSE path to spirituality
- “All things that pertain to LIFE and GODLINESS (*2 Pet. 1:3*)
- “Avoid even the appearance of evil.” (*1 Thess. 5:22*)
- “Give no occasion to the adversary to speak evil of you. (*1 Tim. 5:14*)

God's Word is Sufficient

- “Make no provision for the flesh to fulfill the lusts thereof.” (*Rom. 13:14*)
- “By their fruits ye shall know them.” (*Matt. 7:16*)
- “Be not among winebibbers.” (*Prov. 23:20*)
- “Wine is a mocker, strong drink is a rage and whoever is deceived thereby is not wise.” (*Prov. 20:1*)

God's Word is Sufficient

29 Who hath woe? who hath sorrow? who hath contentions?
who hath babbling? who hath wounds without cause? who
hath redness of eyes? 30 They that tarry long at the wine;
they that go to seek mixed wine. 31 Look not thou upon the
wine when it is red, when it gives its color in the
cup, when it moves itself aright. 32 At the last it bites like a
serpent, and stings like an adder. 33 Your eyes shall behold
strange women, and your heart shall utter perverse
things. 34 Yea, you shall be as he that lies down in the
midst of the sea, or as he that lies upon the top of a
mast. 35 They have stricken me, you shall say, and I was
not sick; they have beaten me, and I felt it not: when shall
I awake? I will seek it yet again.” (Prov. 23:29-35)

Solomon 's Diagnostic Checklist of Alcoholism: 900 B.C.

PROV. 23:29

**Who has woe? Who has
sorrow? Who has
contentions? Who has
complaining? Who has
wounds without cause?
Who has redness of eyes?**

ANSWER=

**Those who linger long over
wine , Those who go to taste
mixed wine.**

Sorrow=

exclamation of pain or uneasiness

Contentions=

conflict, strife

Complaining=

anxiety, babbling

Redness=

dullness

**Spending time...graduating
to mixed drinks!**

Solomon's Diagnostics cont'd

Your eyes will see strange things and your mind will utter perverse things.

visual hallucinations, see double; coarse talk, vulgar talk, spiritual bankruptcy

And you will be like one who lies down in the middle of the sea, or like one who lies down on the top of a mast.

reeling and staggering of a drunken man...dangers to which he exposes himself.

Solomon's Diagnostic cont'd

"They struck me, but I did not become ill; they beat me, but I did not know it

Beaten and struck down...so numbed and anesthetized did not feel it! Beaten and did not know it! Blackout!

When shall I awake ? I will seek another drink."

End stages of alcoholism: pass out, wake up, start again; obsessed with finding the next drink

God's Word is Sufficient

- “Do not drink wine or strong drink lest ye die...that ye put a difference between the holy and the unholy and the clean and the unclean.” (*Lev. 10:9-10*)
- “What! know ye not that your body is the temple of the Holy Spirit, which is in you, which ye have of God and you are NOT YOUR OWN? FOR YOU ARE BOUGHT WITH A PRICE: THEREFORE GLORIFY GOD IN YOUR BODY AND IN YOUR SPIRIT WHICH ARE GOD'S.” (*1 Cor. 6:14ff*)

God's Word is Sufficient

- “Be not deceived, evil companions corrupts good morals.” (1 Cor. 15:33)
- *“The night is far spent, the day is at hand: let us therefore cast off the works of darkness and let us put on the armor of light. Let us walk honestly, as in the day. NOT IN RIOTING, and DRUNKENNESS, NOT IN CHAMBERING and WANTONNESS, NOT IN STRIFE AND ENVYING. But put ye on the LORD JESUS, and make NO PROVISION for the flesh, to fulfill the lusts thereof.” (Rom. 13:12-14)*
- *Galatians 5:19ff*

What is our response?

- *Individual Role*
- *“Dry Drunk” behaviors*
- *Safe plan for slippery slopes*
- *EDIFY THEM!!!*
- *Bear each others’ burdens*

Family Healing

- *The healthiest looking can often be the sickest*
- *1 in 4 children live in a home where Alcohol is used daily.*
- *These children are at greater risk for*
 - *Mental illnesses*
 - *Depression*
 - *Anxiety*
 - *Mood disorders*
 - *Health problems*
 - *Learning difficulties*

Family Healing

- *Distorted family values*
 - *Lack of trust*
 - *secrets*
- *Distorted family roles*
 - *Enabler*
 - *Lost child*
 - *Super hero*
 - *Mascot*
 - *Rebel*
- *ACTION: Titus 2:4*
- *Dysfunctions bleed into church life*
- *Habilitation vs. Rehabilitation*

Church's Role

- *Availability of caring brothers and sisters*
- *James 5:16*
- *Luke 7:36-49*
- *Elders*
- *Confrontation vs. Compassion*

Conclusion

- *We live IN the world, but are not OF the world.*
- *The church was designed to be an oasis for troubled souls, to lay burdens at the cross, to be a place of forgiveness, healing, and redemption.*
- ***BOTTOM LINE: THE CHURCH HAS TO PULL HARDER THAN THE WORLD!***